



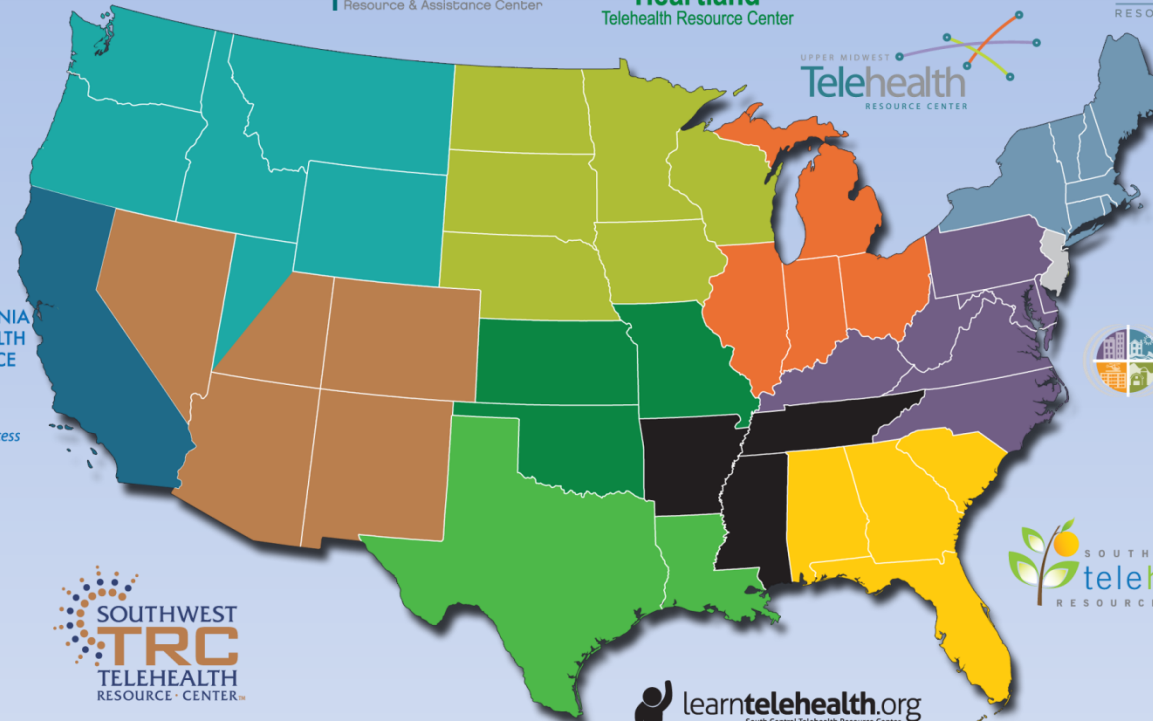
Telehealth
Resource Centers



The National Telehealth Webinar Series

Presented by
The National Network of
Telehealth Resource Centers

TelehealthResourceCenters.org



NRTRC	gpTRAC	NETRC
CTRC	HTRC	UMTRC
SWTRC	SCTRC	MATRC
PBTRC	TexLa	SETRC

2 National Resource Centers

12 Regional Resource Centers

Network Connectivity 101

A primer for the networking novice

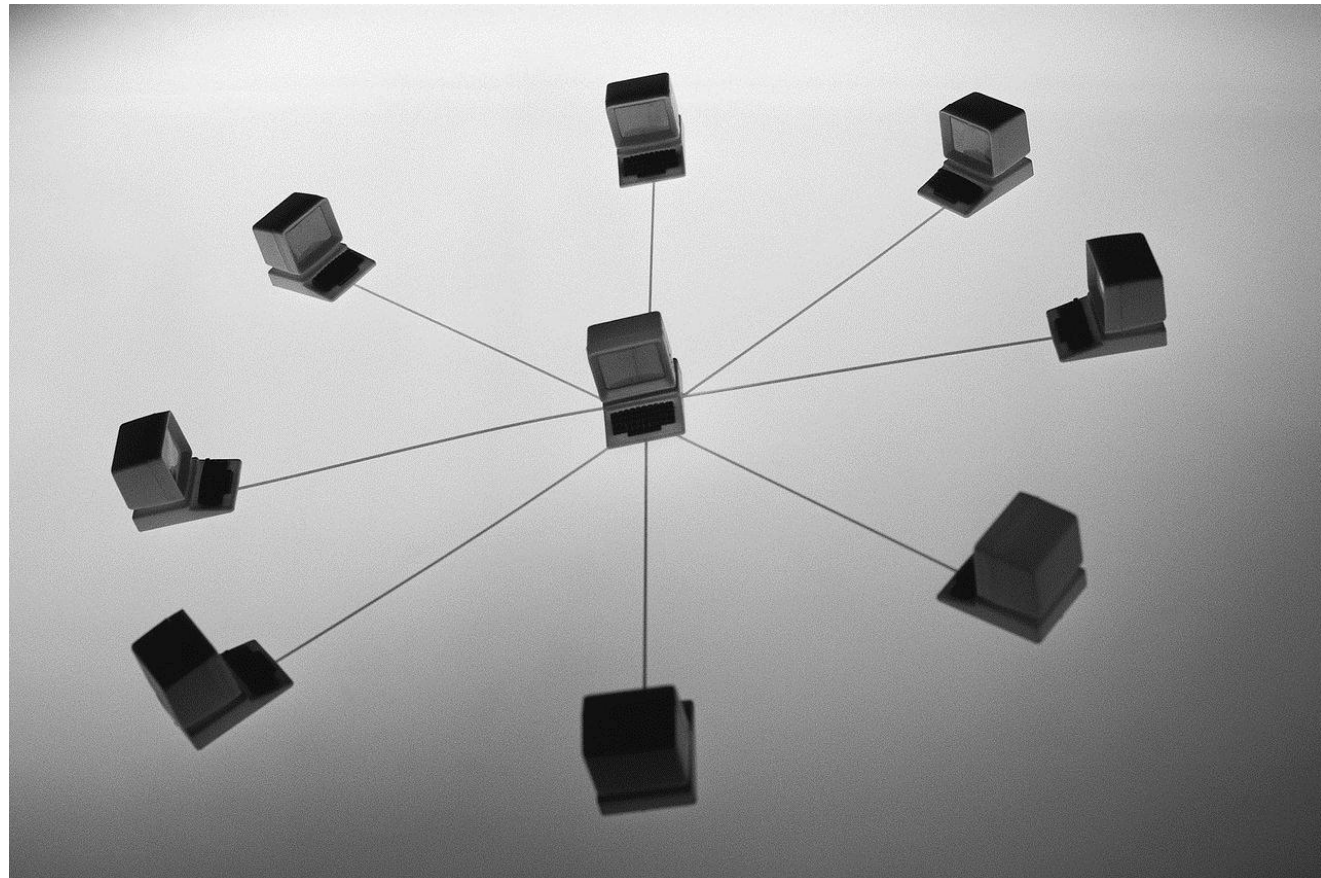


Donna Bain, Assessment Specialist

National **T**elehealth **T**echnology **A**ssessment Resource **C**enter

What is a network?

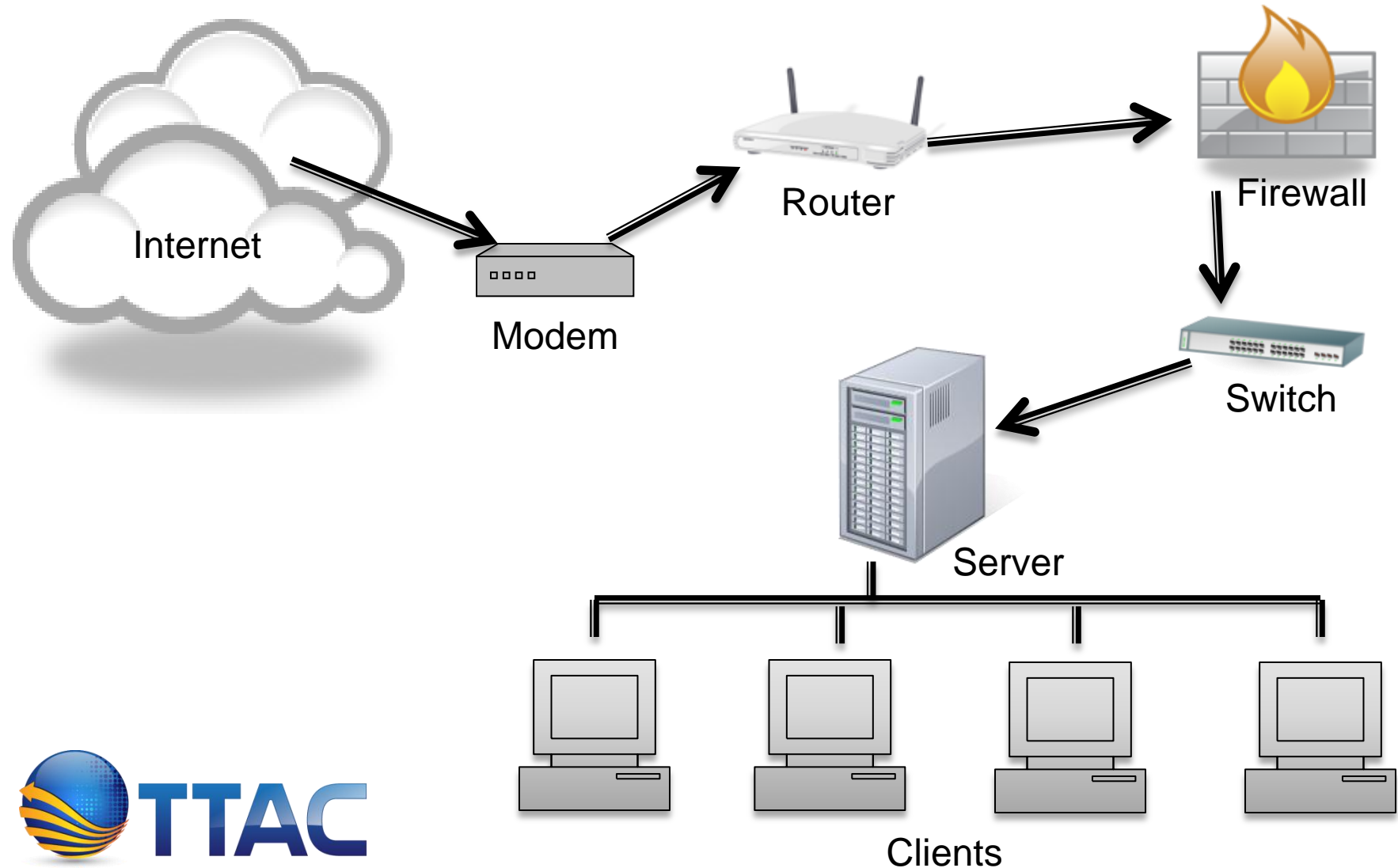
A network connects things together



Identifying Characteristics of a Computer Network

- ▶ **Networks enable sharing of resources (data files, printers, Internet access)**
- ▶ **Networks need specialized hardware and software to function**

Computer Network Diagram



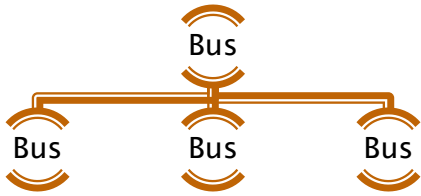
Types of networks by size

- ▶ **Global Area Network – GAN**
- ▶ **Wide Area network – WAN**
- ▶ **Local Area Network – LAN**
- ▶ **Personal Area Network – PAN**
- ▶ **Body Area Network – BAN**

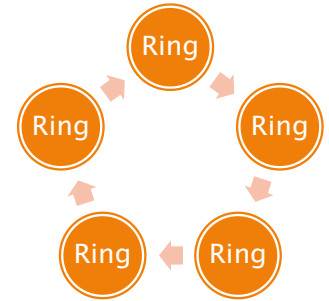
Network Architecture

- ▶ Network architecture is made up of
 1. a topology
 2. a cable type (or wireless)

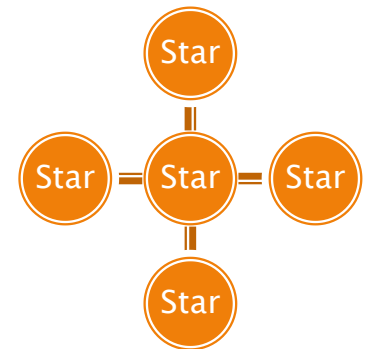
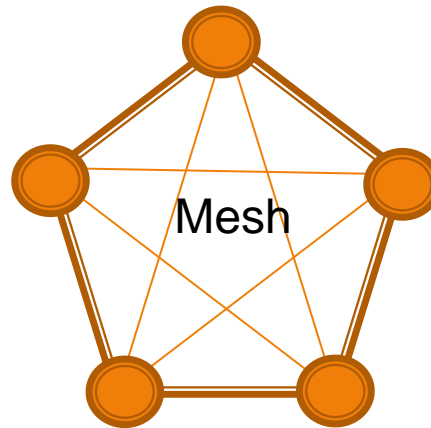
Network Topologies



- ▶ Topology is the physical layout of the computers, cables, and other network components.
- Bus Topology
- Star topology
- Mesh Topology
- Ring Topology
- Wireless Topology
- Hybrid Topology



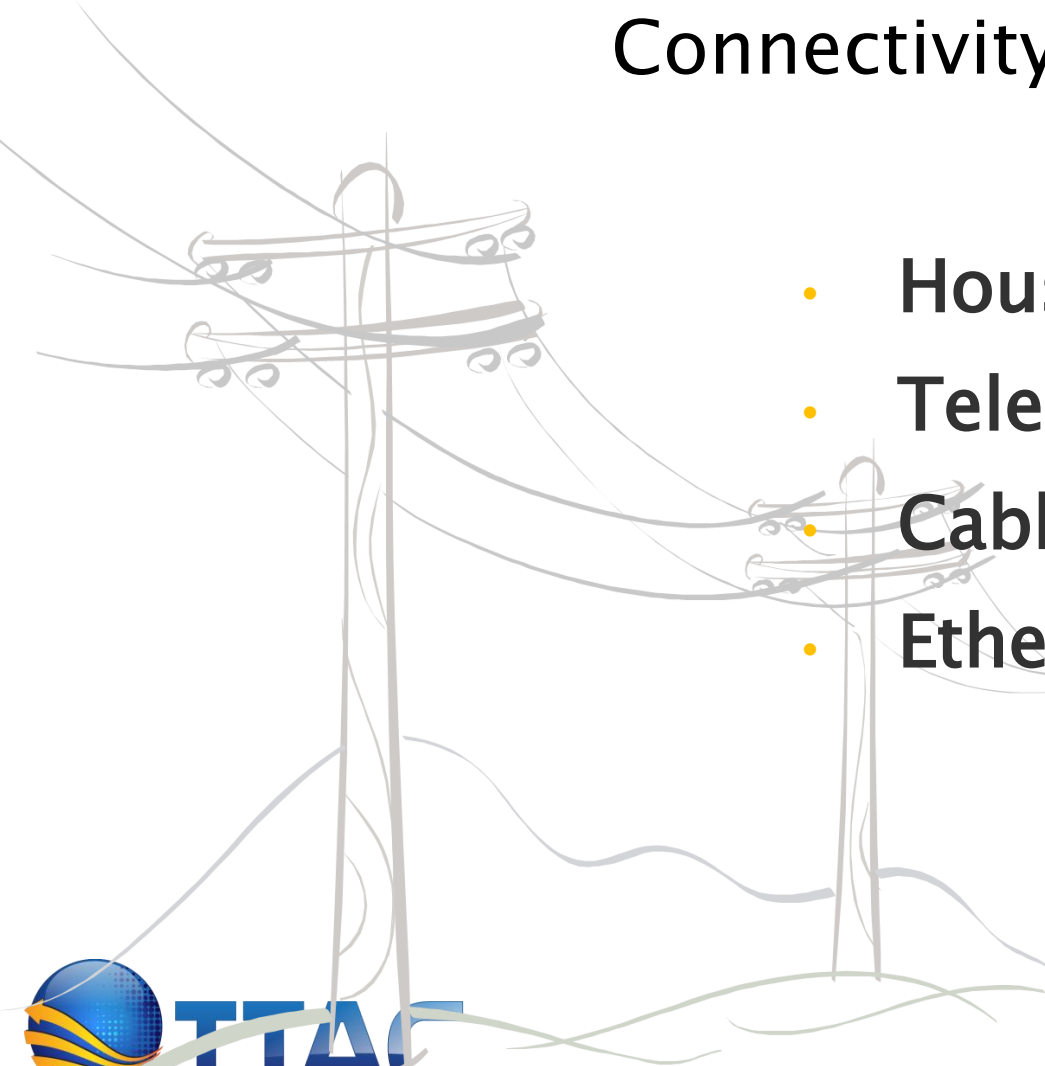
Wireless



Hard-Wired Networks

Connectivity using wires or cables

- Household electrical wiring
- Telephone wiring
- Cable television
- Ethernet cables



Wireless networks

Connectivity provided using radio waves



Microwave Tower,
Juneau, Alaska

IP (Internet Protocol) Addressing

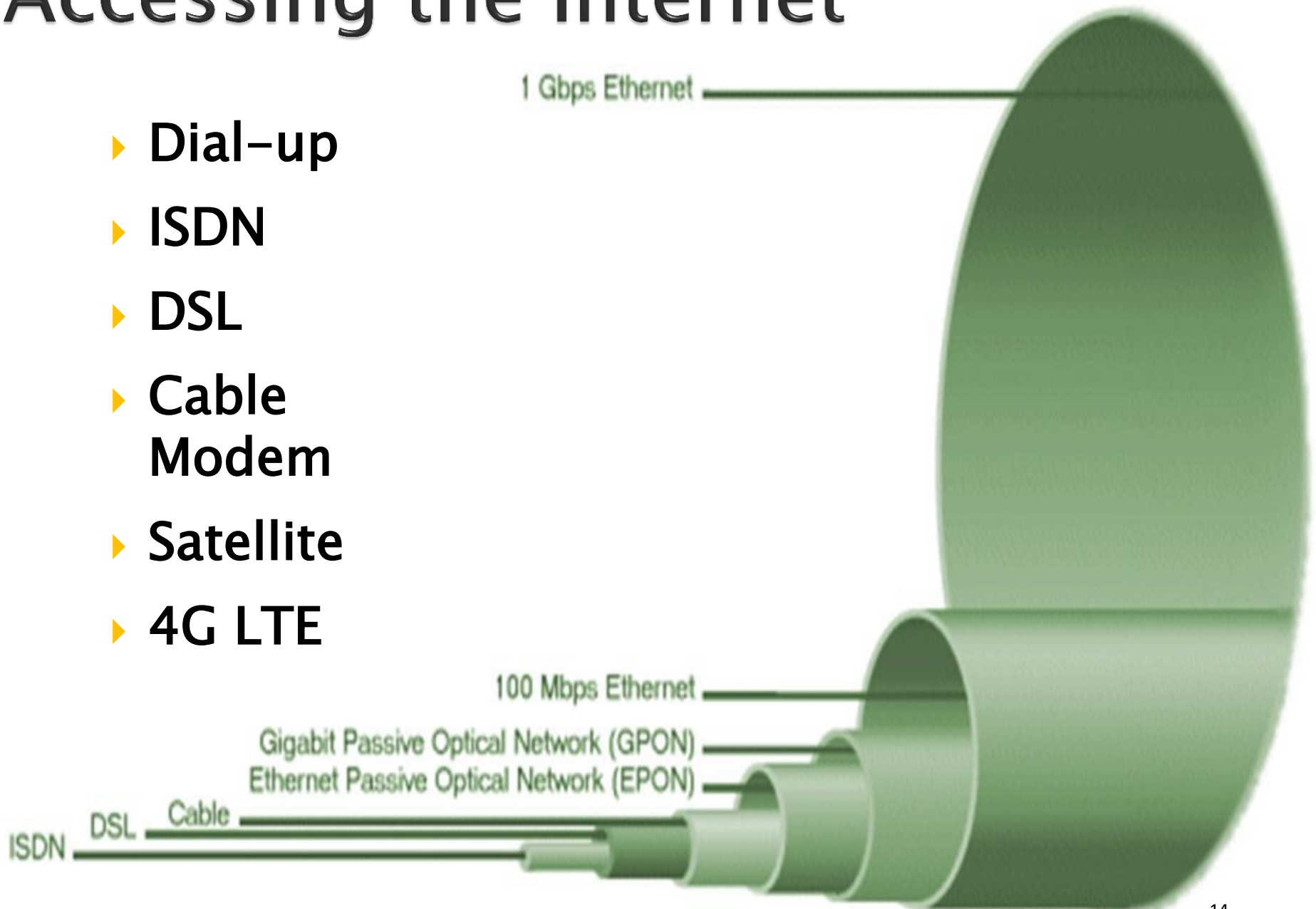
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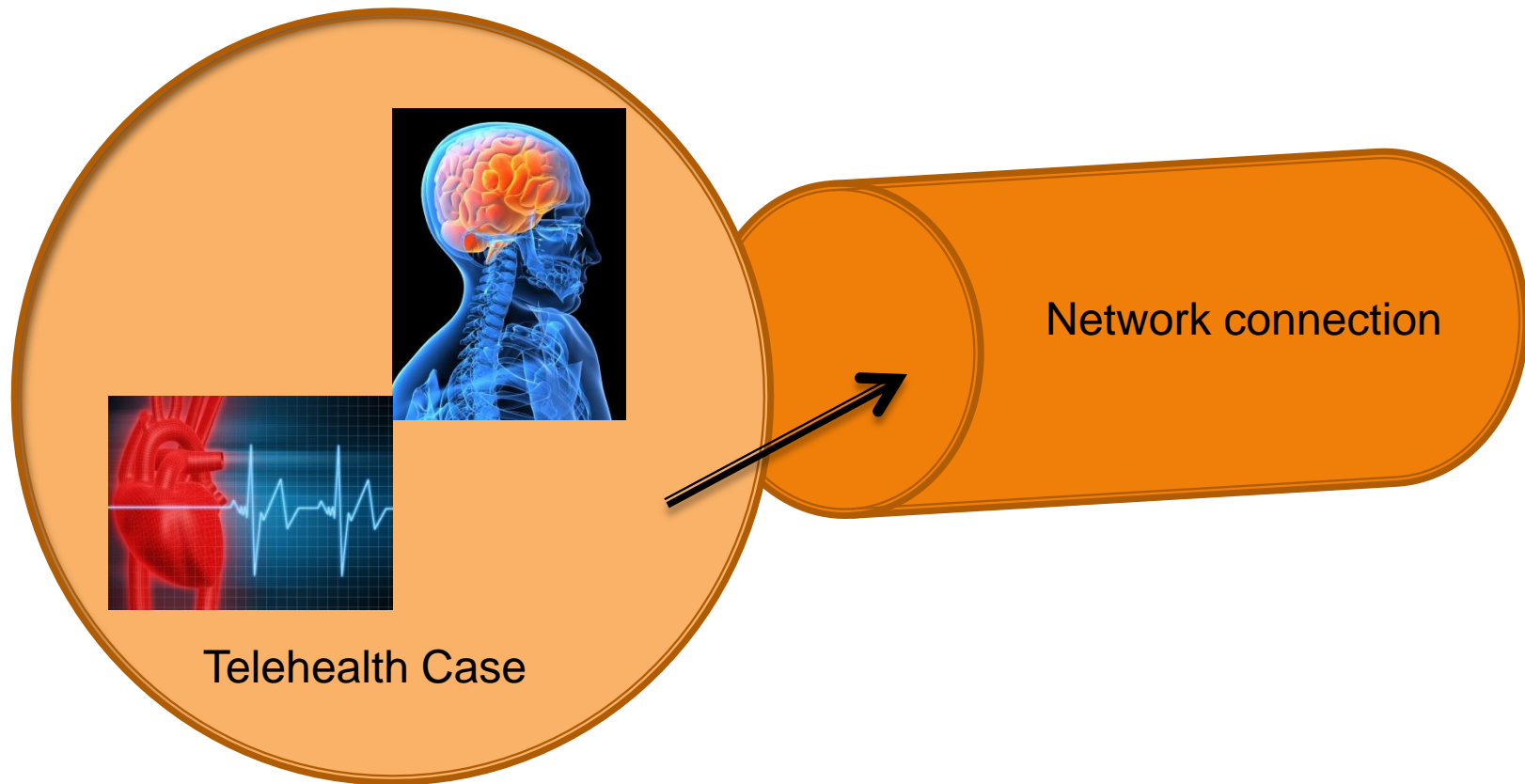


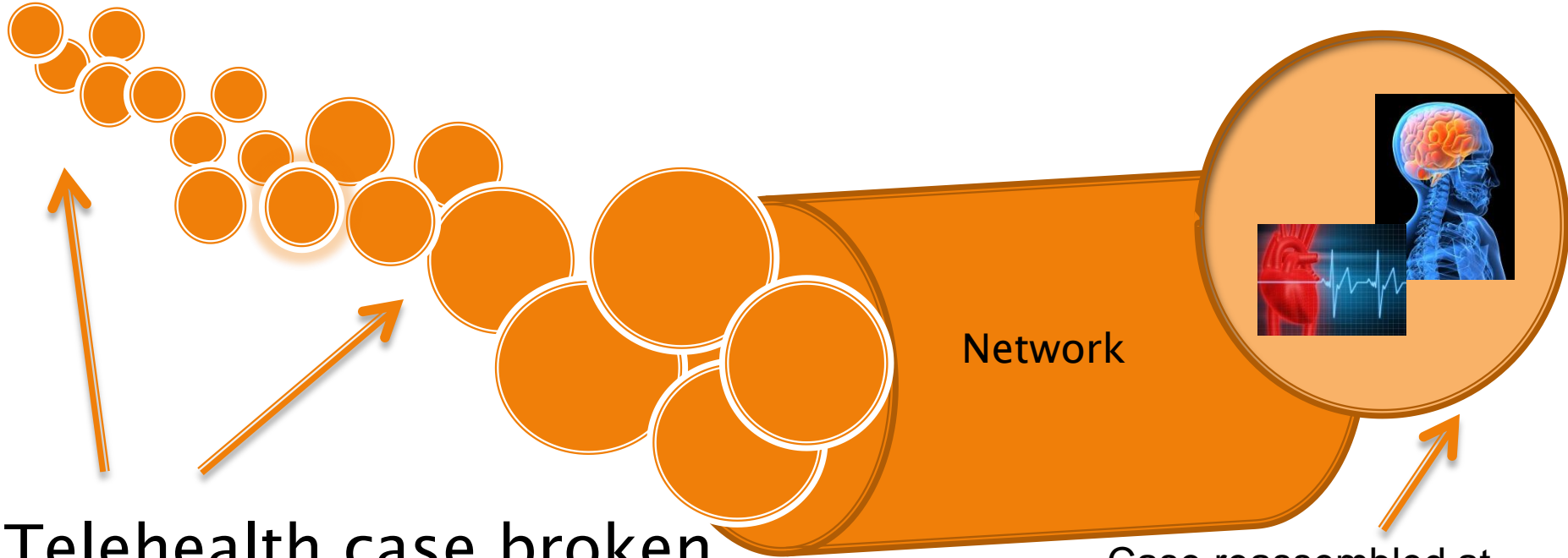
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Accessing the Internet

- ▶ Dial-up
- ▶ ISDN
- ▶ DSL
- ▶ Cable Modem
- ▶ Satellite
- ▶ 4G LTE







Telehealth case broken into data packets

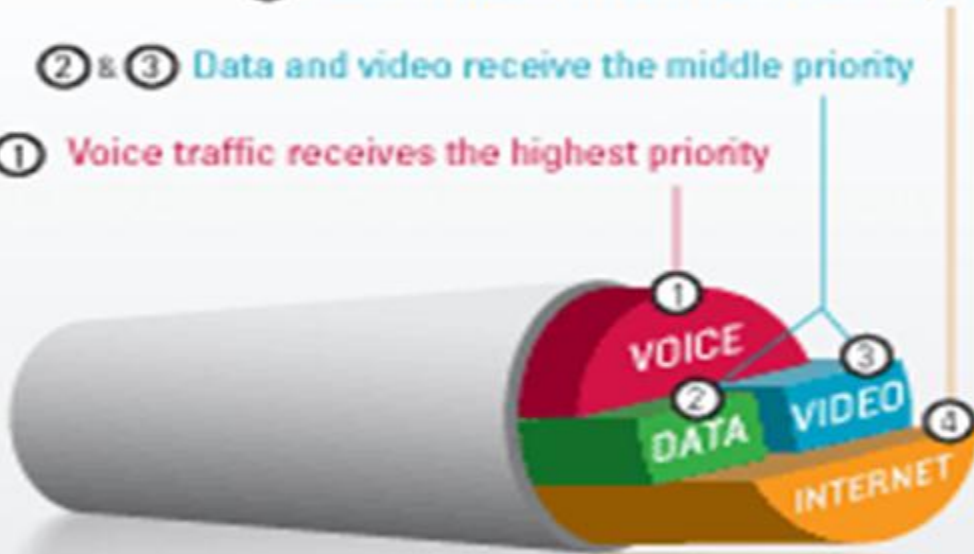
Case reassembled at receiving IP address

Packet switching

Quality of Service = Traffic Control

(Example configuration)

- ④ Internet traffic receives the lowest priority
- ② & ③ Data and video receive the middle priority
- ① Voice traffic receives the highest priority



www.troutecom.com

Network Security

Network security consists of functions and practices designed to protect your network and its data

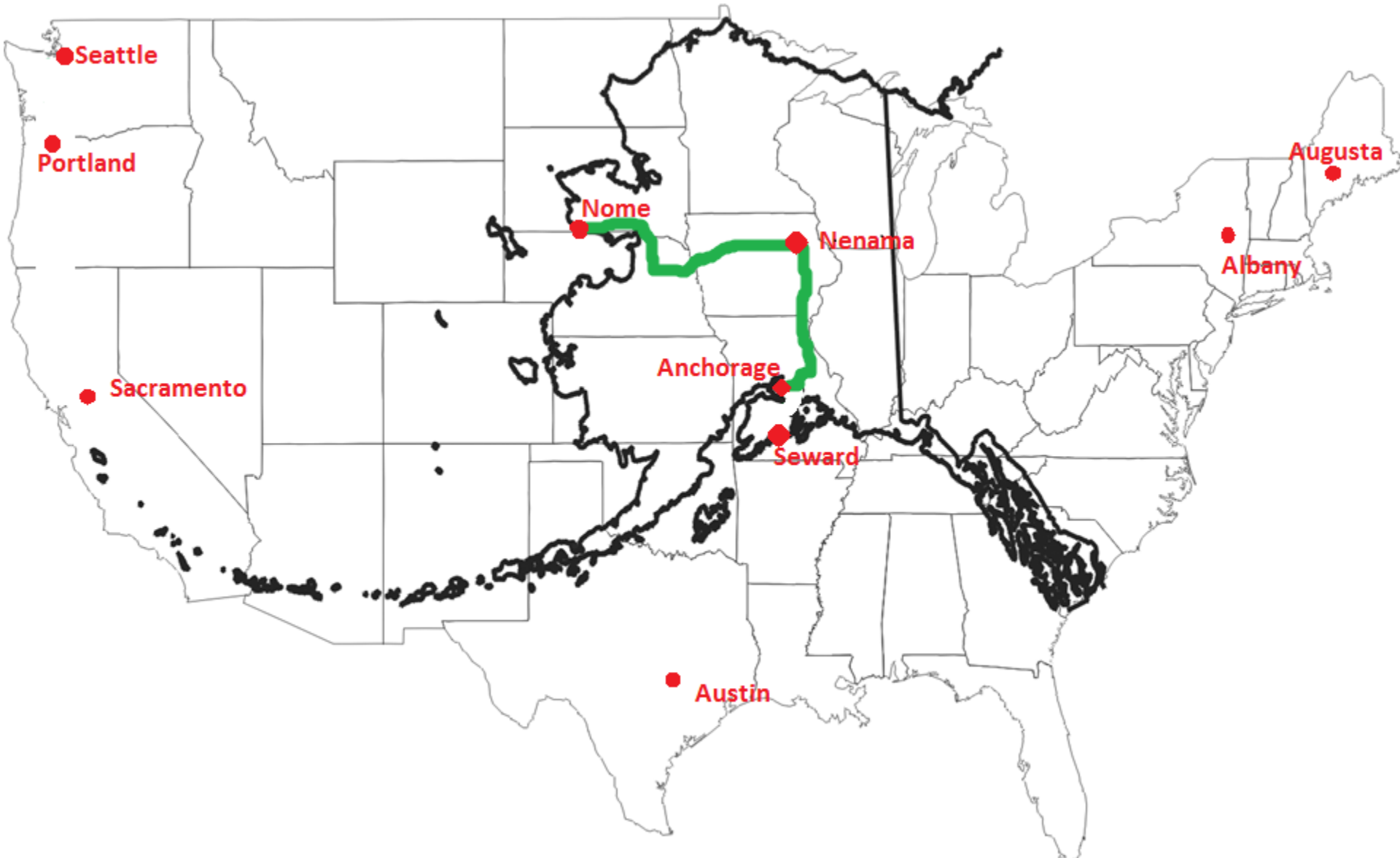
- ▶ **User Login and Password Authentication**
- ▶ **Firewalls**
- ▶ **Anti-virus Software**
- ▶ **Secured Data via Encryption**
- ▶ **Secured Network via Encryption**

Health Care Networks

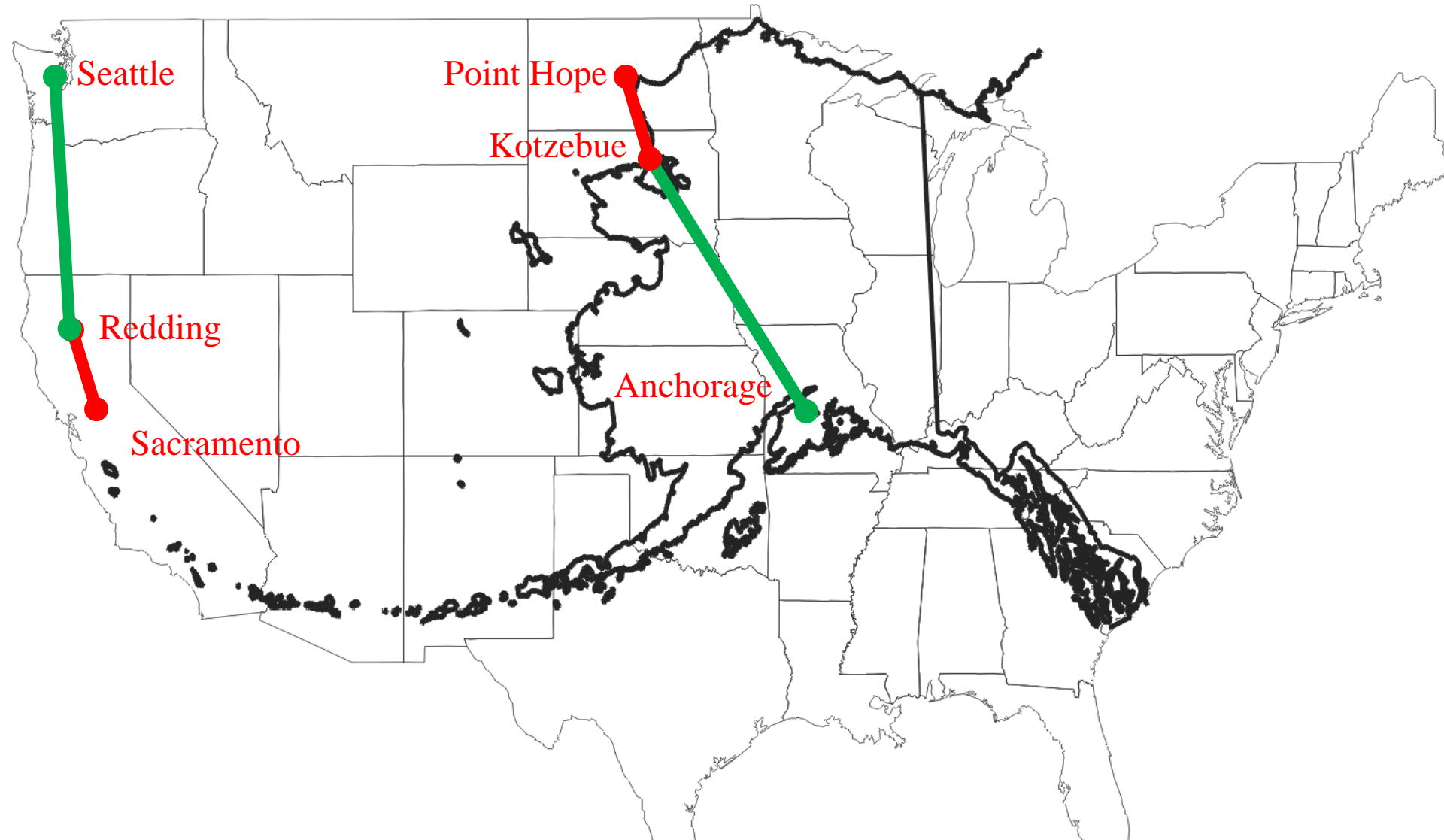
An Alaskan Story










1925 Diphtheria Serum Route (in green)



Rural residents travel an average of 147 miles one way for access to next level of care in Alaska



Fiber Optic System

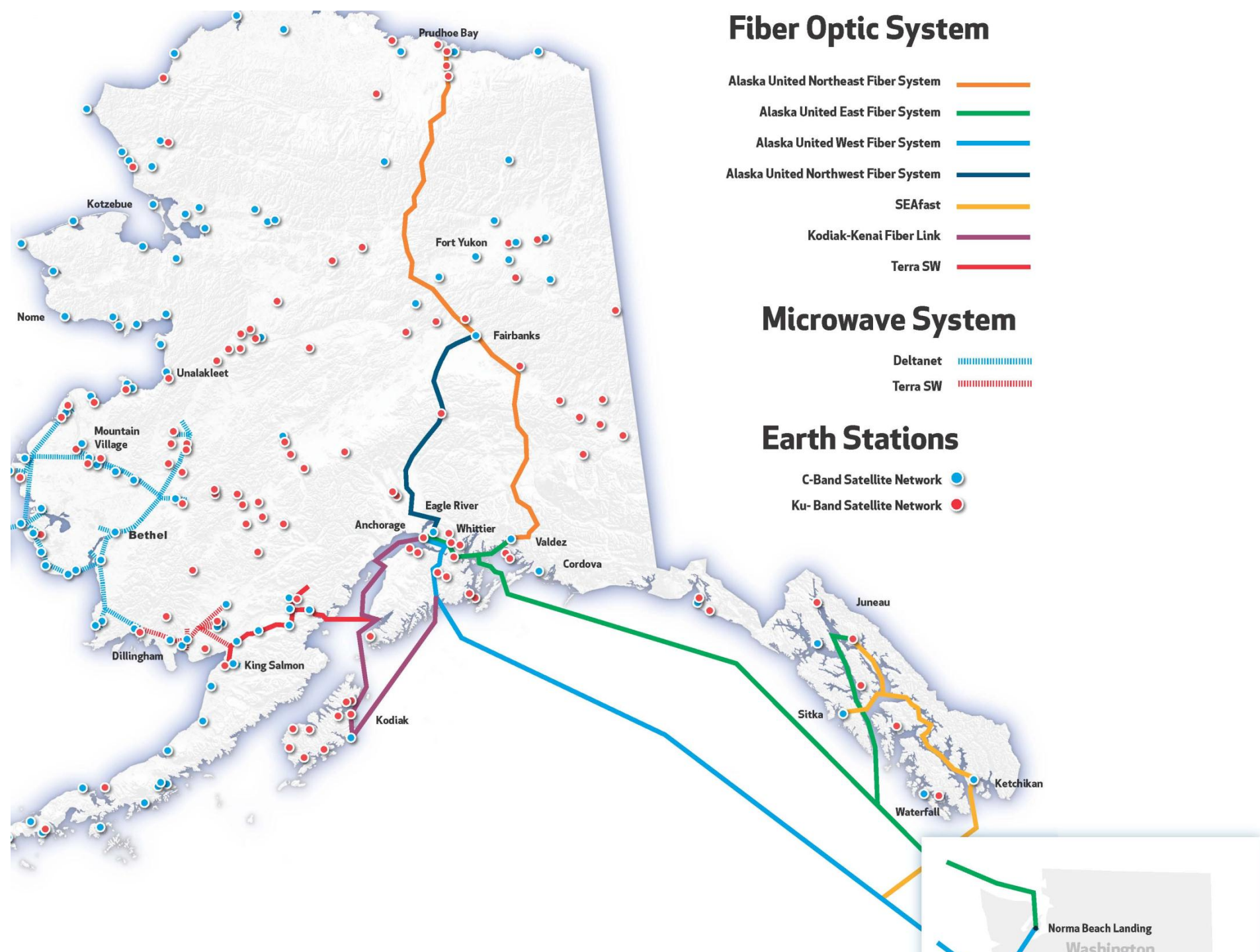
- Alaska United Northeast Fiber System 
- Alaska United East Fiber System 
- Alaska United West Fiber System 
- Alaska United Northwest Fiber System 
- SEAFast 
- Kodiak-Kenai Fiber Link 
- Terra SW 

Microwave System

- Deltanet 
- Terra SW 

Earth Stations

- C-Band Satellite Network 
- Ku-Band Satellite Network 



The National **T**elehealth **T**echnology **A**ssessment Resource **C**enter aims to create better-informed consumers of telehealth technology. By offering a variety of services in the area of technology assessment, the TTAC (pronounced “tea-tac”) aims to become the place for answers to questions about selecting appropriate technologies for your telehealth program.



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