Operating instructions
1. **Start Interface**

The interface shows the brand and the battery current capacity.

- Display the brand.
- Display the current capacity of battery inside BPM.

When the battery is lower than 20%, please immediately charge the battery.
The main menu of the application. You can switch between measurement and add data by slide left and right.

- Touch for All Users page.
- Touch for Information page.
- Touch for Measurement page to start measurement.

• History, touch for History page, management the stored data.
• FAQ, frequency question and answer.
• Results, check the Test Result page.
Main Menu

- Touch for add data page to add the blood pressure data.
- Touch for All Users page
- Touch for Information page.
- History, touch for History page, management the stored data.
- FAQ, frequency question and answer.
- Results, check the Test Result page.
3. **All Users**

Use to manage the information of users.

- **Home**: go to Main Menu page.
- “+”: Add new user.
- Display the photo, name, gender, and age. Touch the row for choose the user and back to the main menu.
- Touch the accessory button to go to the Detail Info of User page.
4. Add Users

Use to add new user.

- **Cancel**: Cancel for user added.
- **Done**: Confirm the user settings, and go to Detail Info of User page.

Input the information of the user, such as the photo, gender, age, weight, the share to E-mail and others.
5. **Detail info of User**

Use to edit, choose or delete the user

- All Users: Back to the All Users page. Edit: Edit the detail info of the user.
- Display the information of the user, such as the photo, gender, age, weight, the share to E-mail and others.
- Choose the user and back to the All Users page.
5、Detail info of User

Done: Confirm the user setting.

Edit the information of the user, such as the photo, gender, age, weight, the share to E-mail and others.

Delete the user and back to the All Users page.
6. Add data

Add data by manual.

Back: go back to the last page.
Photo: go to the All User page.

Input the measurement data and time.

Save the add data and go to the Test Result page.
7、 Measurement
Use for control the blood pressure measuring process and display the process.

Note: Please consult a health care professional for interpretation of blood pressure measurements.
8. Test Result

- Back: go back to the last page.
- Display the Systolic
- Display the Diastolic
- Display the Pulse rate

- Share: mail the data to the mail address you set.
- Delete: delete the current memory.
- FAQ: go to FAQ page
- Again: measurement again.
- History: go to History Page.
8、Test Result

Click systolic, diastolic, pulse or WHO classification column respectively, will show the corresponding description.
8. Test Result

You can switch between detail information, WHO classification and pulse wave by slide up-down. And slide left-right for other memories.
9、History

Use for review the memory and manage.

- Classify: go to Classify Table page.
- Select: go to Select page for average and index.
- Graph: go to BP Graph page.
- Share: mail the data to the mail address you set.
- Home: go to Main Menu.

Display the WHO classification, Systolic, Diastolic, pulse rate and measurement time. And display the test result was measured or added, the iHealth means measured and pen means added. Touch for go to Test Result page.

Edit: choose for delete memory
10、BP Graph

Switch this by touch the Graph button in BP Graph page.

Display the detail when touch the column.

The up side of the column is Systolic, and the bottom side is Diastolic. The color is only indicate the classification.
Also can switch this by make the iOS device horizontal in BP Graph page.
11、WHO Table

Index by WHO classification

Classification bar, the following memories is all belongs to this class.

Note: It is not intended to provide a basis of any type of rush toward emergency conditions/diagnosis based on the color scheme and that the color scheme is meant only to discriminate between the different levels of blood pressure.
12. Classify Graph

Press the Graph button or make the iOS device horizontal in Classify Table page.

The page shows the classification’s corresponding percent of all the memory.
Select

Index by date

Index by time

Index by Systolic

Index by Diastolic

The number of memories you want to calculate, from the nearest one

Touch “Average” button for display the result

Note: This function is only use for calculate base on chooses option, please consult a health care professional for how to use it.
14、 Information

Touch for go to corresponding page.

<The following content will be occurred in software >
This symbol indicates the current battery capacity for the blood pressure dock. If the dock is unconnected this symbol should be gray.
The iHealth have passed the ESH (European Society of Hypertension) International Protocol. The method of ESH International Protocol is to compare the measurement results between electric-sphygmomanometer and mercury-sphygmomanometer, using series strict quality control and statistical methods, to analyze and judge from those results. Once the device passed the ESH International Protocol, it can be recommended for clinical use in an adult population.
17. Capacity

Our system can support up to 9999 records, but it will take up the memory space of your iOS device and may influence the app response. So 999 or 9999? Your choice.

999 and 9999 means the maximum records the system can store. More records mean more memory space take up.
18、About

Switch on "commercial Demo" mode
19、FAQ

Touch for go to corresponding page.